

ABOUT HAND WASHING

HAND WASHING VS. HAND DISINFECTION

Clean hands save lives

WHEN TO DISINFECT YOUR HANDS WITH ALCOHOL-BASED HANDRUB?

- Before and after touching the patient
- Before clean / aseptic procedures
- After contact with body fluids or excretions, mucous membranes, non-intact skin or wound dressings
- If moving from a contaminated body site to another body site of the same patient
- After touching patient surroundings

WHEN TO WASH YOUR HANDS?

- At the start / end of the shift
- Before and after breaks
- If your hands are visibly dirty or visibly soiled with blood or other body fluids
- After using the toilet
- If exposure to potential spore-forming pathogens is strongly suspected or proven, including outbreaks of Clostridium difficile
- Before handling medication and preparing food

WHY PREFER THE USE OF HAND DISINFECTANT?



Disinfection can be performed everywhere



Disinfection is much faster than hand washing

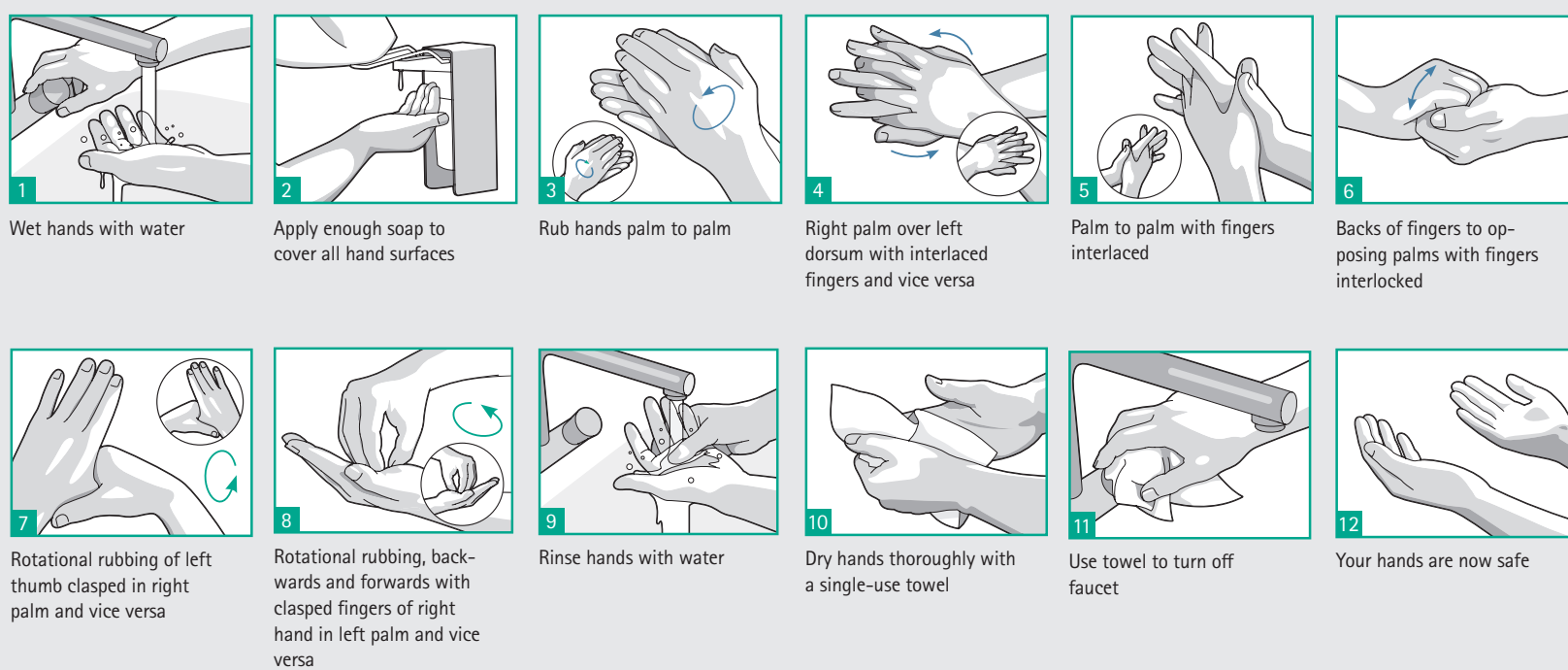


Hand disinfection is more effective than washing



Disinfection is more gentle to your skin

HOW TO HANDWASH



TRAIN YOUR SKILLS IN THE 5 MOMENT GAME:



<http://info.bbraun.com/5momentgame>

TAKE GOOD CARE OF YOUR HANDS

WHAT TO WATCH OUT FOR

COLD	Use hand cream when it is cold and the air is dry	TOWELS	Pat-dry your hands to prevent heavy abrasion
HOT	Do not wash your hands with hot water	GLOVES	Don gloves only when hands are dry
SOAP	Rinse off all the soap to prevent irritations	ALCOHOL	Do not apply handrub to wet hands

B. BRAUN HAND HYGIENE BUNDLE



Cleansing

Softaskin®

The mild, low allergenic wash lotion:

- Skin neutral pH
- Free of alkalis, soap and colorants
- Optimized skin care formula with allantoin



KEEPING HANDS IN GOOD CONDITION IS AN ESSENTIAL PART OF GOOD HAND HYGIENE AND HELPS TO STOP THE TRANSMISSION OF INFECTION

INVEST IN QUALITY PRODUCTS IN ORDER TO KEEP COMPLIANCE HIGH



Disinfection

Promanum® pure

Fast acting in any situation



Softa-Man®

For routine use with high quality skin care compounds



Softa-Man® ViscoRub

The unique liquid-gel formulation



Care

Trixo®-lind

The non greasy allergy-tested moisture lotion:

- Skin neutral pH
- Contains panthenol and allantoin to repair damaged skin leaving hands soft and supple

